

Suggested Troop First Aid Kit

(www.auroramedteam.org/files/fakitslide.pdf)

Trauma Items

- Band Aids
- Antibiotic
- Gauze Pads
- Gloves
- Coban (Self-Adhering Bandage)
- Ace Bandages (Elastic Bandage)
- Triangular Bandages
- Roller Gauze
- Wound Wash
- Soap / J&J Shampoo
- Small Splints (Finger Splints / Tongue Depressors)
- SAM Splint
- Mouth Barrier Device
- Tweezers
- Scissors
- NuSkin

Comfort Items

- Moleskin
- Chapstik
- Pepto Bismol / Antacid
- Tylenol and Ibuprofen
- Benadryl / Claritin
- Sun Screen / Moisturizer
- Throat Lozenges
- Cold/Flu Medicine
- Aspirin (for cardiac)
- Thermometer

Consider

- Hand Sanitizer
- Soap / Cleanser
- Cold Pack / Plastic Bags
- Small side cutters (fishhooks)